



# CRISIS INTERVENTIONS MICRO-CREDENTIAL

Enhance your knowledge and literacy  
regarding crisis and trauma

\*This programme may be completed as a stand-alone micro-credential, or stacked with  
(1) Intro to Crisis & Trauma,  
(2) Symptoms of Crisis & Trauma, and  
(3) Effective Crisis & Trauma Management



## INTRODUCTION

Many people who experience a traumatic event will go on with their lives without lasting negative effects, others will have more difficulty and experience traumatic stress reactions.

This course will provide you with an introduction on how to apply various methodologies and intervention strategies in Crisis and Trauma situations.

## COURSE DESCRIPTION

In this 6-week course, you will learn about various Crisis and Trauma interventions and how to apply them.

Crisis and Trauma Counselling is a specialised, targeted intervention that provides a framework to identify which methodologies are most effective in their application.

Gain an understanding of the rationale behind methodologies that are appropriate to use in Crisis and Trauma counselling scenarios.

## IS THIS COURSE FOR YOU?

This course is for you if you have counselling skills and want to explore specialised Crisis and Trauma Counselling interventions.



**TIME COMMITMENT:**  
10-13 hours weekly



**DURATION:**  
6 Weeks



**TOTAL COST:**  
R3,000 / US \$170, 00

# COURSE CONTENT

Over six (6) weeks, through videos, readings and discussions, you will explore the following topics:

**Week 1:** Crisis and the Process of Assessment

**Week 2:** The ABC Model and Triage Assessment System

**Week 3:** Psychobiological and Emotional State Assessment

**Week 4:** The Six-Step Model and Psychological First Aid

**Week 5:** Brief and Strength-Based interventions

**Week 6:** The Narrative Approach and Wits Trauma Model

## COURSE OUTCOMES

By the end of this course, you will be able to:

Define the term 'crisis' and the way it can impact an individual or community.

Describe assessment in relation to crisis management.

Assess the severity of a crisis and apply the ABCs of assessing a crisis.

Understand the triage assessment system for suicide or self-harm.

Explore psychobiological assessment.

Apply the Psychological First Aid intervention technique for crisis management.

Learn the six-step model of crisis intervention.

Describe the use of Brief Intervention techniques in crisis Intervention.

Understand strength-based crisis intervention strategies in crisis management.

Describe a narrative therapeutic approach to crisis intervention.

Discuss the Wits Trauma Model and its application.

Learners create a portfolio of work that demonstrate their newfound knowledge and skills.

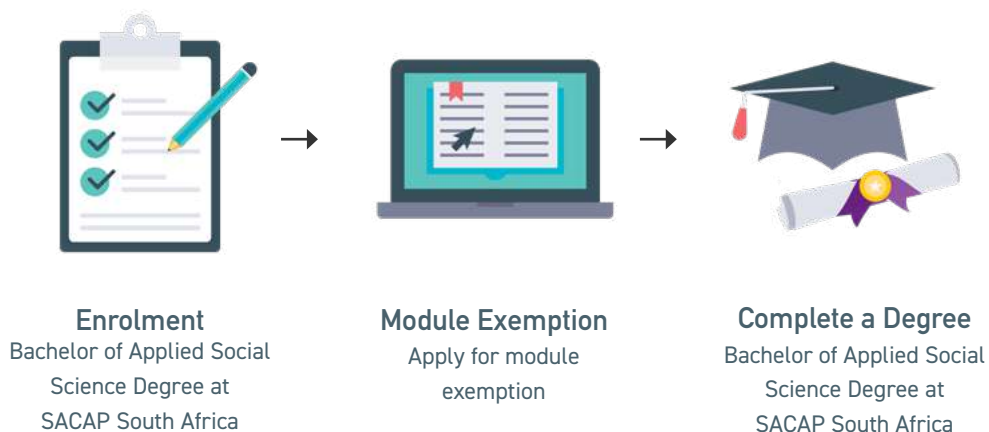


## STACKABLE CREDENTIALS

Stack specified combinations of SACAP Global micro-credentials and they can be recognised as equivalent to a module within our degree programme at SACAP South Africa.



Crisis Interventions can be stacked with [Intro to Crisis and Trauma](#), [Symptoms of Crisis & Trauma](#), and [Effective Crisis and Trauma Management](#), and recognised as equivalent to a module within the Bachelor of Applied Social Science Degree. If you meet the minimum entrance criteria, you can enrol for the degree and apply for module exemption.



## CERTIFICATION

Upon completion you will receive a digital certificate of competence and badge. Your certificate and badge can be shared to 100+ social media platforms, allowing you to share your achievement with a single click.



## CREDENTIAL TYPE

This course has been designed and developed by experts in the field of psychology.

The OpenLearning team has reviewed the course to ensure quality academic learning within the Malaysian and Australian credentialing framework.

An **OpenLearning OpenCred** is a type of credential that can stand-alone, or interact with a formal qualification. OpenCred courses are market-leading online courses that prepare learners for the future of work.

The Crisis Interventions micro-credential has been designed for anyone needing to upskill in this area and offers 40 hours of learning and assessment. Learners study online with course facilitators and peers, and receive robust academic content, while acquiring practical industry-relevant skills.



For more information visit our website [www.global.sacap.edu.za](http://www.global.sacap.edu.za)