

# EMPLOYEE MOTIVATION AND WELLNESS MICRO-CREDENTIAL

Learn how to motivate and inspire your team to be their best

\*This programme may be completed as a stand-alone micro-credential, or stacked with Recruiting and Retaining Top Talent.







## INTRODUCTION

Organisations thrive when their people thrive and motivated teams achieve results. Learn how to manage, motivate and inspire people to be their best.

## **COURSE DESCRIPTION**

This course explores how managing people and teams takes understanding, work and collaboration.

In this 6-week micro-credential, explore what Line Managers and Human Resource Managers do, and how their roles relate to each other.

Start by learning how to work closely with your Human Resource Manager to build engaged and successful teams. Then explore current theories and approaches that inspire people to succeed within the workplace. Look at why staff engagement and employee wellness is essential for organisational success.

## IS THIS COURSE FOR YOU?

This course is for you if you manage a team or want to pursue a management role. Learn how to motivate a team and get the best of out of people.









TOTAL COST: R3,500.00 / US\$ 240,00

# **COURSE CONTENT**

- Over the course of six (6) weeks, through videos, readings and discussions, you will explore the following topics:
- Week 1: Human resource management (HRM) in a business context.
- Week 2: The roles of a Human Resource Manager and Line Management.
- Week 3: How to motivate members of staff.
- Week 4: Creating a motivating work environment.
- Week 5: Employee wellness.
- Week 6: Applying best practice in your workplace.

# **COURSE OUTCOMES**

- By the end of this course you will be able to:
- Define the purpose of the human resource management (HRM) function in an organisation.
- Describe the relationship between the HRM function and other functions in a business.
- Explain how HRM specialists and Line Managers can work together to manage people for success.
  - Outline the main theories about staff motivation and its practical implications.
    - Describe how managers can create a motivating work environment.
  - Describe the value of employee wellness programmes.

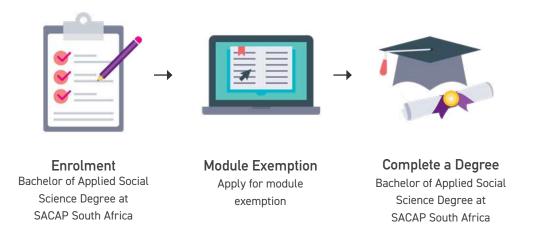


### STACKABLE CREDENTIALS

Stack specified combinations of SACAP Global micro-credentials and they can be recognised as equivalent to a module within our degree programme at SACAP South Africa.



Employee Motivation and Wellness can be stacked with Recruiting and Retaining Top Talent, and recognised as equivalent to a module within the Bachelor of Applied Social Science Degree. If you meet the minimum entrance criteria, you can enrol for the degree and apply for module exemption.





#### CERTIFICATION

Upon completion, you will receive a digital certificate of competence and badge. Your certificate and badge can be shared to 100+ social media platforms, allowing you to share your achievement with a single click.



#### **CREDENTIAL TYPE**

This course has been designed and developed by experts in the field of psychology.

The OpenLearning team has reviewed the course to ensure quality academic learning within the Malaysian and Australian credentialing framework.

An OpenLearning OpenCred is a type of credential that can stand-alone, or interact with a formal qualification. OpenCred courses are market-leading online courses that prepare learners for the future of work.

The Employee Motivation and Wellness micro-credential has been designed for anyone needing to upskill in this area and offers 80 hours of learning and assessment. Learners study online with expert facilitators and receive robust academic content, while acquiring practical industry-relevant skills.



For more information visit our website www.global.sacap.edu.za