



PSYCHOLOGICAL THEORIES OF CHILD & ADOLESCENT DEVELOPMENT MICRO-CREDENTIAL

Better understand the ways in which
children and adolescents think and behave.

*This programme may be completed
as a stand-alone micro-credential,
or stacked with Counselling
Children & Youth

INTRODUCTION

Do you want to understand the ways in which children and adolescents think, develop and behave?

This introductory course explores critical developmental milestones that shape how children and adolescents view themselves and others.

Explore the development theories of Freud, Erikson, Bowlby, Piaget, Bandura, Vygotsky, Kohlberg, and Maslow.

COURSE DESCRIPTION

In this 8-week course, you will learn about the three stages of early childhood, middle childhood, and adolescence.

Learn about relational aspects that impact and influence the behaviour of the adolescent. Understand social, emotional and psychological changes in childhood and adolescence.

IS THIS COURSE FOR YOU?

This course is particularly valuable for parents, teachers, and those who work and engage with children and youth.



TIME COMMITMENT:
10-13 hours weekly



DURATION:
8 Weeks

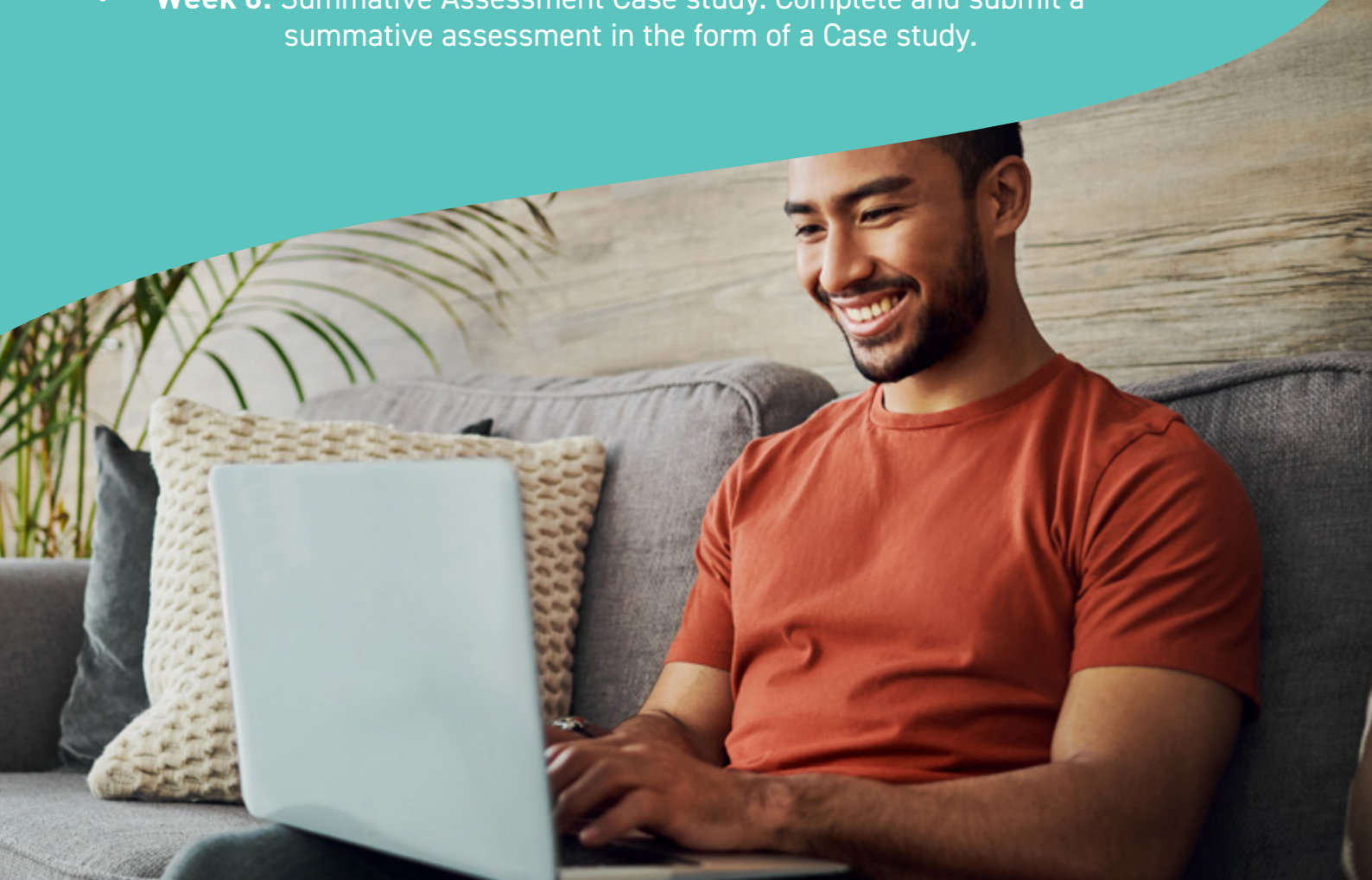


TOTAL COST:
R3,500 / US \$240



COURSE CONTENT

- Over the course of eight (8) weeks, through videos, readings and discussions, you will explore the following topics:
- **Week 1:** Engage with the developmental theories of Freud, Erikson and Bowlby as they relate to child and adolescent development.
- **Week 2:** Explore the developmental theories of Vygotsky, Bandura, Kohlberg and Maslow as they relate to child and adolescent development.
- **Week 3:** Look at significant developmental milestones of early childhood.
- **Week 4:** Learn about significant developmental milestones of middle childhood.
- **Week 5:** Investigate the physical, cognitive, and moral development aspects of adolescence as well as psychosocial conflicts that occur over this developmental period.
- **Week 6:** Introduction to relational aspects of adolescence that impact and influence the behaviour of the adolescent.
- **Week 7:** Explore a range of contextual factors that impact child and adolescent development.
- **Week 8:** Summative Assessment Case study. Complete and submit a summative assessment in the form of a Case study.



COURSE OUTCOMES

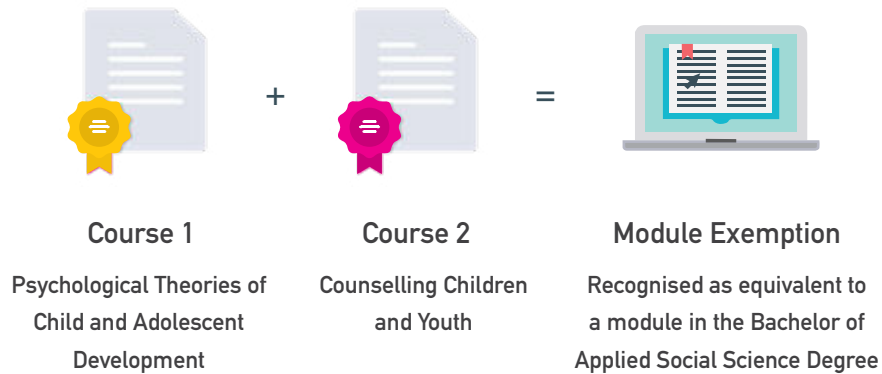
- Discuss child and adolescent development theories of Freud, Erikson, Bowlby, Piaget, Bandura, Vygotsky, Kohlberg, and Maslow.
- Explain significant developmental milestones that distinguish early childhood, middle childhood and adolescence.
- Identify social and emotional/psychological changes which take place across these three developmental stages.
- Contextualise child and adolescent development through parenting styles and family influences.
- Describe the significance of Bronfenbrenner's socio-ecological systems theory for child and adolescent development.

Learners create a portfolio of work that demonstrate their newfound knowledge and skills.

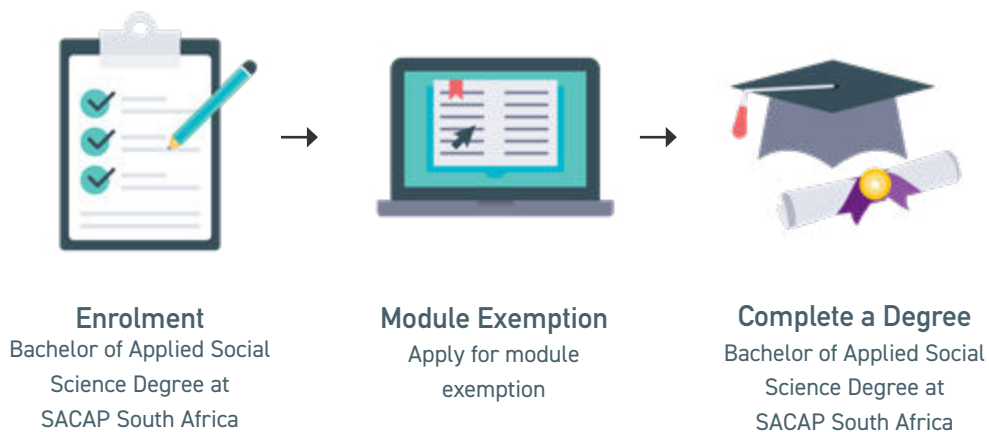


STACKABLE CREDENTIALS

Stack specified combinations of SACAP Global micro-credentials and they can be recognised as equivalent to a module within our degree programme at SACAP South Africa.



Psychological Theories of Child and Adolescent Development can be stacked with [Counselling Children and Youth](#), and recognised as equivalent to a module within the Bachelor of Applied Social Science Degree. If you meet the minimum entrance criteria, you can enrol for the degree and apply for module exemption.



CERTIFICATION

Upon completion you will receive a digital certificate of competence and badge. Your certificate and badge can be shared to 100+ social media platforms, allowing you to share your achievement with a single click.



CREDENTIAL TYPE

This course has been designed and developed by experts in the field of psychology.

The OpenLearning team has reviewed the course to ensure quality academic learning within the Malaysian and Australian credentialing framework.

An [OpenLearning OpenCred](#) is a type of credential that can stand-alone, or interact with a formal qualification. OpenCred courses are market-leading online courses that prepare learners for the future of work.

The Psychological Theories of Child and Adolescent Development micro-credential has been designed for anyone needing to upskill in this area and offers 80 hours of learning and assessment. Learners study online with course facilitators and peers, and receive robust academic content, while acquiring practical industry-relevant skills.



For more information visit our website www.global.sacap.edu.za