



INTRO TO CRISIS & TRAUMA MICRO-CREDENTIAL

Understand terminology and concepts
surrounding crisis and trauma

*This programme may be completed as a stand-alone micro-credential, or stacked with
(1) Symptoms of Crisis & Trauma,
(2) Crisis Interventions, and
(3) Effective Crisis & Trauma Management

INTRODUCTION

The effects of traumatic events place a heavy burden on individuals, families and communities. They create challenges for the workplace environment and at home.

This introductory course will help you understand terminology and concepts surrounding crisis and trauma.

COURSE DESCRIPTION

In this 2-week course, you will build qualities and skills to help you manage incidents of crisis and trauma that you may experience at a personal or professional level.

Learn how to respond optimally in situations of crisis and trauma and develop your own trauma-informed approach. Build the skills to make informed decisions that help in dealing with crises and trauma effects.

IS THIS COURSE FOR YOU?

This course is for you if you have existing counselling skills and want to develop principles and approaches to managing incidents of crisis and trauma.



TIME COMMITMENT:
10-13 hours weekly



DURATION:
2 Weeks



TOTAL COST:
R1,000 / US \$60



COURSE CONTENT

Over two (2) weeks, through videos, readings and discussions, you will explore the following topics:

- Concepts of Crisis and Trauma.
- The key principles of a Trauma-informed Care Approach.
- A strategy for implementing a trauma-informed approach.

COURSE OUTCOMES

By the end of this course, you will be able to:

- Define crisis and trauma concepts.
 - Explain the concept of trauma adopted by the Substance Abuse and Mental Health Services Administration (SAMHSA).
 - Describe the three “E’s” of Trauma.
 - Explain key assumptions and key principles that govern a Trauma-informed Care Approach.
 - Understand how to implement a trauma-informed approach within an organisation, agency, or system.
 - Apply key principles of a Trauma-informed Care Approach to develop a simple trauma-informed strategy within an organisation, agency, or system.
- You will have also created a portfolio of evidence, which you can use to demonstrate your understanding and knowledge of various terminology and concepts surrounding crisis and trauma.

Learners create a portfolio of work that demonstrate their newfound knowledge and skills.

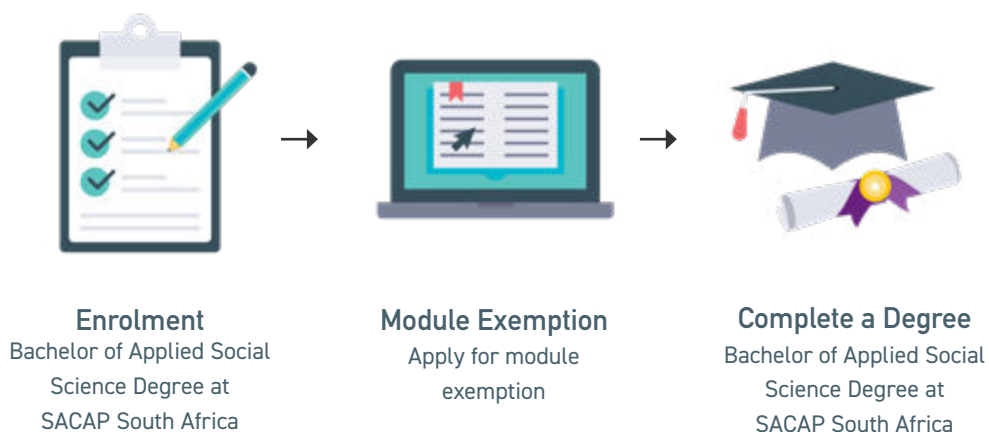


STACKABLE CREDENTIALS

Stack specified combinations of SACAP Global micro-credentials and they can be recognised as equivalent to a module within our degree programme at SACAP South Africa.



Intro to Crisis & Trauma can be stacked with [Symptoms of Crisis and Trauma](#), [Crisis Interventions](#), and [Effective Crisis and Trauma Management](#), and recognised as equivalent to a module within the Bachelor of Applied Social Science Degree. If you meet the minimum entrance criteria, you can enrol for the degree and apply for module exemption.



CERTIFICATION

Upon completion you will receive a digital certificate of competence and badge. Your certificate and badge can be shared to 100+ social media platforms, allowing you to share your achievement with a single click.



CREDENTIAL TYPE

This course has been designed and developed by experts in the field of psychology.

The OpenLearning team has reviewed the course to ensure quality academic learning within the Malaysian and Australian credentialing framework.

An [OpenLearning OpenCred](#) is a type of credential that can stand-alone, or interact with a formal qualification. OpenCred courses are market-leading online courses that prepare learners for the future of work.

The Intro to Crisis & Trauma micro-credential has been designed for anyone needing to upskill in this area and offers 20 hours of learning and assessment. Learners study online with course facilitators and peers, and receive robust academic content, while acquiring practical industry-relevant skills.



For more information visit our website www.global.sacap.edu.za