



# INTRO TO HUMAN BEHAVIOUR MICRO-CREDENTIAL

Discover how you shape your sense of  
self and your outlook on life

\*This programme may be completed  
as a stand-alone micro-credential,  
or stacked with Applied Psychology:  
Factors Influencing Human Behaviour

## INTRODUCTION

Ever wondered what makes people tick? Understanding why humans feel, think and behave as they do, can help you better engage and work with others.

## COURSE DESCRIPTION

In this 6-week micro-credential you will learn how to use self-awareness to improve how you relate to yourself and others. Learn the fundamentals of human behaviour and how your behaviour impacts your connections with others, on a personal and professional level.

Whether you're starting your career, getting back into the job market or aiming for a promotion, the better you understand human behaviour (your own and others), the better you can work with others to achieve organisational goals.

## IS THIS COURSE FOR YOU?

This course is for you if you are curious to learn more about the distinctive nature of human behaviour.



**TIME COMMITMENT:**  
10-13 hours weekly



**DURATION:**  
6 Weeks



**TOTAL COST:**  
R3500,00 / US\$ 240,00



# COURSE CONTENT

- Over the course of six (6) weeks, through videos, readings and discussions, you will explore the following topics:
- Week 1: Describe various interpretations of human behaviour
- Week 2: Explain mind and body influences on human behaviour
- Week 3: Describe how social relationships shape human behaviour
- Week 4: Explain the influence of personality on human behaviour
- Week 5: Analyse key theories at different stages of life part 1
- Week 6: Analyse key theories at different stages of life part 2

## COURSE OUTCOMES

By the end of this course you will be able to:

- Describe various interpretations of human behaviour
- Explain mind and body influences on human behaviour
- Describe how social relationships shape human behaviour
- Explain the influence of personality on human behaviour
- Analyse key theories that describe different stages of life and their influence on human behaviour.

Learners create a portfolio of work that demonstrate their newfound knowledge and skills.

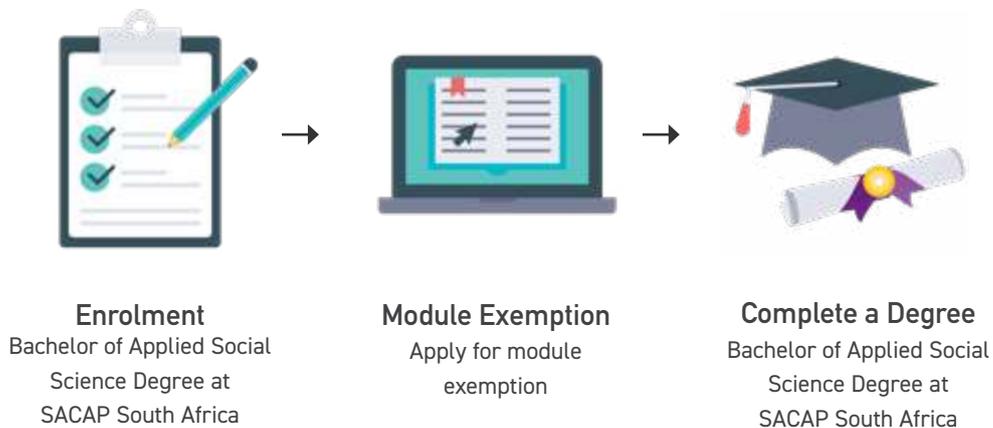


# STACKABLE CREDENTIALS

Stack specified combinations of SACAP Global micro-credentials and they can be recognised as equivalent to a module within our degree programme at SACAP South Africa.



Intro to Human Behaviour can be stacked with [Factors Influencing Human Behaviour](#), and recognised as equivalent to a module within the Bachelor of Applied Social Science Degree. If you meet the minimum entrance criteria, you can enrol for the degree and apply for module exemption.



## CERTIFICATION

Upon completion you will receive a digital [certificate of competence](#) and badge. Your certificate and badge can be shared to 100+ social media platforms, allowing you to share your achievement with a single click.



## CREDENTIAL TYPE

This course has been designed and developed by experts in the field of psychology.

The OpenLearning team has reviewed the course to ensure quality academic learning within the Malaysian and Australian credentialing framework.

An [OpenLearning OpenCred](#) is a type of credential that can stand-alone, or interact with a formal qualification. OpenCred courses are market-leading online courses that prepare learners for the future of work.

The Intro to Human Behaviour micro-credential has been designed for anyone needing to upskill in this area and offers 80 hours of learning and assessment. Learners study online with course facilitators and peers, and receive robust academic content, while acquiring practical industry-relevant skills.



For more information visit our website [www.global.sacap.edu.za](http://www.global.sacap.edu.za)