



FACTORS INFLUENCING HUMAN BEHAVIOUR MICRO-CREDENTIAL

Explore the elements that shape
attitudes and values

*This programme may be completed
as a stand-alone micro-credential, or
stacked with Intro to Human Behaviour

INTRODUCTION

What makes you the person you are? Unpack the internal and external factors that shape and develop human behaviour.

COURSE DESCRIPTION

This course explores the elements that shape your social attitudes and values. Dive into areas such as sensation, perception, how good your memory is, and why memory is important in navigating life's choices.

In this 8-week micro-credential, you will examine your habits and why you have them. Learn how effective your problem-solving skills are, and how much your feelings impact your actions.

Learn how your personal sense of self shapes your outlook on life and understand how this has a knock-on effect on how well or how poorly you connect with others to achieve your personal and professional goals.

IS THIS COURSE FOR YOU?

This course is for you if you are interested to learn why humans behave as they do.



TIME COMMITMENT:
10 hours weekly



DURATION:
8 Weeks



TOTAL COST:
R3500,00 / US\$ 240,00



COURSE CONTENT

- Over the course of eight (8) weeks, through videos, readings and discussions, you will explore the following topics:
- **Week 1:** Key constructs of human cognition. The role and importance of attention, sensation, perception and memory in navigating life's opportunities and challenges.
- **Week 2:** The development of social cognition. The strategies and processes we employ in how we think of others and behave towards them.
- **Week 3:** How social attitudes and values are shaped. How social attitudes are influenced by your environment and culture in shaping the way you think about yourself and others.
- **Week 4:** How key emotional experiences influence our actions. The beauty and complexity of human feelings and how they influence the way you experience and make sense of the world.
- **Week 5:** The importance of wellbeing. The importance of a 'positive psychology' that focuses on enhancing your wellbeing.
- **Week 6:** Gender formation – differences and challenges. Explore the complexities of gender formation.
- **Week 7:** The uniqueness and beauty of the range of human sexuality. How sexuality is developed, perceived and responded to by different world-views.
- **Week 8:** Complete a final assessment. Review all aspects of the micro-credential content.

Learners create a portfolio of work that demonstrate their newfound knowledge and skills.



COURSE OUTCOMES

By the end of this course you will have:

- Differentiated key constructs of human cognition.
- Analysed social cognition as a key factor of human development.
- Defined the influence of environmental and cultural factors upon social attitudes.
- Described how key emotional experiences influence our actions.
- Examined wellbeing and a wellness perspective.
- Explained the formation of gender.
- Examined various views of human sexuality.

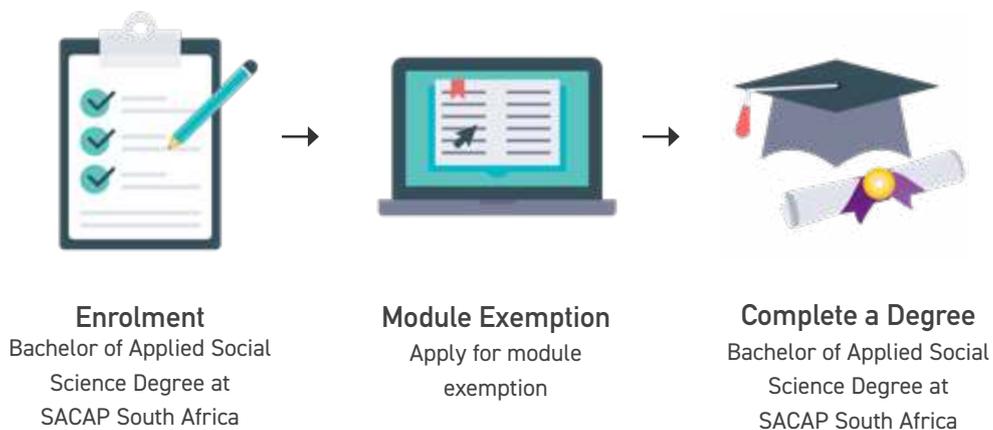


STACKABLE CREDENTIALS

Stack specified combinations of SACAP Global micro-credentials and they can be recognised as equivalent to a module within our degree programme at SACAP South Africa.



Factors Influencing Human Behaviour can be stacked with [Intro to Human Behaviour](#), and recognised as equivalent to a module within the Bachelor of Applied Social Science Degree. If you meet the minimum entrance criteria, you can enrol for the degree and apply for module exemption.



CERTIFICATION

Upon completion you will receive a digital [certificate of competence](#) and badge. Your certificate and badge can be shared to 100+ social media platforms, allowing you to share your achievement with a single click.



CREDENTIAL TYPE

This course has been designed and developed by experts in the field of psychology.

The OpenLearning team has reviewed the course to ensure quality academic learning within the Malaysian and Australian credentialing framework.

An [OpenLearning OpenCred](#) is a type of credential that can stand-alone, or interact with a formal qualification. OpenCred courses are market-leading online courses that prepare learners for the future of work.

The Factors Influencing Human Behaviour micro-credential has been designed for anyone needing to upskill in this area and offers 80 hours of learning and assessment. Learners study online with course facilitators and peers, and receive robust academic content, while acquiring practical industry-relevant skills.



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